

DIABETES

A student with diabetes should be known to appropriate school staff. An emergency care plan must be developed. Staff in a position to administer any approved medications must receive training.

A student with diabetes may have the following symptoms:

- Irritability and feeling upset.
- Change in personality.
- Sweating and feeling “shaky”.
- Loss of consciousness.
- Confusion or strange behavior.
- Rapid, deep breathing.

Refer to student's emergency care plan.

If the student:

- Unconscious or losing consciousness?
- Having a seizure?
- Unable to speak?
- Having a rapid, deep breathing?

NO

YES

Does the student have a sugar monitor available?

NO

YES

Allow student to check blood sugar

LOW

Is blood sugar less than 60 or “LOW” according to emergency care plan?
Or
Is blood sugar “HIGH” according to emergency care plan?

HIGH

Give the student “sugar” such as:

- Fruit juice or soda pop (not diet) 6-8 ounces
- Hard candy (6-7 lifesavers) or ½ candy bar
- Sugar (2 packets or 2 teaspoons)
- Cake decorating gel (½ tube) or icing
- Instant glucose

- Continue to watch the student in a quiet place. The student should begin to improve within 10 minutes.
- Allow student to re-check blood sugar.

YES

Continue to watch the student. Is the student improving?

NO

Contact responsible school authority & parent/legal guardian.



CALL EMS
9-1-1

If the student is unconscious, refer to Unconsciousness