



Coffee With the Counselor

Supporting Students Through a Trauma-Sensitive Lens

Please join in for an information session provided by J.W. Seabrook's School Counselor, Mrs. Edmondson. The following topics will be explored via the school counseling website:

- Role of a School Counselor: Services available to ALL students
- Social-Emotional Learning Lessons
- Trauma-Sensitive Approach to supporting students upon re-entry to the school building: Calm-Down Kits & Peace Corners
- Parent Resources
- Virtual Relaxation Rooms & Mindfulness
- How to request individual counseling/check-ins

When: February 23rd

Where: Webex

Time: 6:00pm

Webex Link: <http://ccs-k12.webex.com/meet/jessicaedmondson>

