



Provider Requirements:

A small team of CCS staff carefully selected each mental health provider. All providers are an In-Network provider in good standing with Alliance Health.

SBH clinicians are fully certified, and possess the required licenses needed to legally provide mental health services. In addition, all clinicians must successfully complete criminal background and sex offender registry checks. CCS also conducts ongoing monitoring.



Frequently Asked Questions:



- 1. Will my child's information be kept confidential?** Yes, licensed clinicians are required to abide by HIPPA laws and rules. Sessions are also held in a confidential office at the school.
- 2. Is there a fee for the service?** Yes, parents/guardians are responsible for all co-pays and deductibles. You may use your private insurance to cover the cost.
- 3. Do you accept my insurance?** All providers accept some major insurance plans and some provide services on a sliding scale for uninsured or under-insured families. Please contact the provider for more specific information.
- 4. What if my child doesn't have insurance?** The school social worker can assist parents/guardians in completing an application for Medicaid or NC Health choice. If the provider can not meet your needs, you will be referred to an agency that can.

For More Information Contact:

Dr. Natasha Scott, MSW
 Executive Director,
 Student Services
 910-678-2433
natashascott@ccs.k12.nc.us



School-Based

Behavioral Health





Cumberland County Schools has partnered with local mental health agencies to offer the School Behavioral Health program (SBH). SBH makes it easier for families and students to access mental health services.

Beginning with the 2021-2022 school year, Mental health providers will be assigned to a small number of schools. Over time, all schools will offer SBH. Contact your child's school counselor or social worker to determine if your child's school offers the SBH program and the name of the assigned mental health provider.



What is School Behavioral Health (SBH)?

The School Behavioral Health (SBH) program provides support to students within the school building during the school day. Services may include: comprehensive clinical assessments, person-centered planning, individual, family, and group counseling, and medication management for students receiving treatment from the provider.

Families and students may seek assistance with mental health issues such as:

- Symptoms of depression, anxiety, or anger
- School avoidance
- Frequent suspensions or infractions
- Oppositional behavior
- Low motivation and self-esteem
- Suicidal ideation



How Do I Sign My Child Up?

- Contact the school counselor or social worker at your child's school.
- Sign a SBH consent form to allow the student to participate in the program.



- Upon receipt of written parental consent, the school counselor or school social worker will contact the designated mental health provider.
- The provider will then contact the parent/guardian to schedule an initial appointment to complete the intake process.
- The parent/guardian, the provider, and school staff will collaborate to determine the best time for sessions to occur at school.