

New Students Unite Group

Schedule a telephone or video, face to face or group non-medical counseling appointment with a Military and Family Life Counselor:

MFLC: _____

Phone : _____



Your Military and Family Life counselor can help :

- Identify tips for making a smooth transition to a new school and ways to make new friends.
- Identify positives of changing schools and strategies for keeping your grades up
- Review what communication is, understanding emotions, non-verbal communication, communication guidelines, listening skills, roadblocks to good communication and how to be a good communicator.

Free and confidential non-medical counseling is available to service members, Department of defense expeditionary civilians, their families and survivors.